

8 Spear Forces and Examples

- 1) Peng** **Upwards** motion to divert attack
(Mid or Low guard inviting high attack)
Attack Spear high attack to neck head
Defence Low guard - step offline 45 degrees lift up spear to expose body
Counter Attack left or right armpit
- 2) Lu** **Sideways** motion to deflect attack
(swing to the head and then cut back and stab)
Attack Spear low swing attack to left side (leg)
Defence Mid guard, step offline, deflect to side inverted spear
Counter Step to right swing to head, then retract spear cutting to neck
Step back in and then stab to armpit
- 3) Ji** **Forward** motion to defend against attack
Attack Low leg swing with Spear
Defence Standard guard defend same direction as attack, step twist then
divert away
Counter Stab to body
- 4) An** **Downward** motion to deflect attack
Attack Stab to Midriff
Defence High Guard, step aside left or right downward deflection
Counter Stab attack to the face or neck
- 5) Dien** **Dot** pressure point (Dian Xue) attacking with point of spear
- 6) Tiao** **Little Lu** - sideways motion to deflect using wrists (Against short weapon Primarily)
(Facing the wind blowing the willow application)
Attack Spear thrust to chest
Defence Middle guard, Nine palace or Seven stars step, step offline
Little Lu sharp and bouncing off attackers spear to counter.
Counter Stab to chest
- 7) Qien** **Spiralling** - spinning attack weapon until opening gained
(Intercepting river to dipper application, 3 steps)
Attack Swing to leg (works both from left or right) example from right ...
Defence Middle guard, step to right using deflection left (Not Block)
spear Inverted downwards
Counter Step to left, turn spiral lift attackers spear to right and spiral
downwards to ground – then step over to right to stab under armpit
chest.
- 8)Tan** **Little An** - Short compact rolling of wrists (Against short weapon primarily)
Attack Sword or sabre attack to body
Defence Middle guard, Nine palace or Seven stars step, step offline little
compact downward sharp action and bouncing off attacker weapon
Counter Stab to chest